

01/01/2024

To the Chair and Members of  
The Central Area Committee

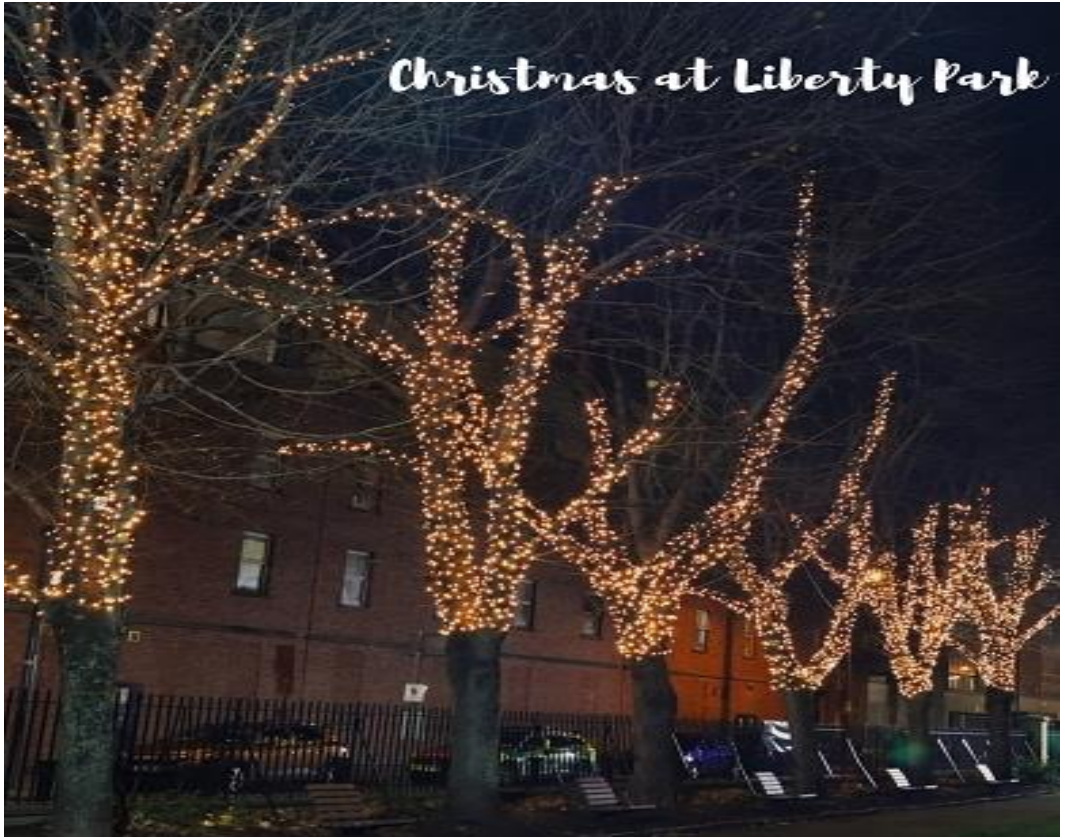
## NORTH EAST INNER CITY PROGRAMME OFFICE REPORT

### NEIC Christmas Tree lighting events

Our Christmas tree lighting ceremonies took place on December 5<sup>th</sup> and 8<sup>th</sup> in Diamond and Liberty Parks here in the North East Inner City. The events were well attended by children and adults from the local community, with a special visit from Santa, hot chocolate and goodies provided for the children and Christmas movies on the big screen provided on the day. Cllr Christy Burke deputizing on behalf of The Lord Mayor of Dublin Daithí de Róiste switched on the lights and a great time was had by all.









## NEIC Greening Strategy Update Report to Central Area Committee January 2024

### NEIC Greening Strategy 2024

#### The Royal Canal – Fitness Trail

Tender assessment complete and contractor appointed. On site February 2024.

#### Liberty Park Feasibility Study

Consultant appointed in December 2023 – Programme of works to be finalised in January 2024 after an initial desk top study.

#### Five Year Review

All completed projects to date undergoing ongoing review to insure the highest quality.

#### Community Projects

Working with the Ballybough Pride of Place Group and selection projects highlighted through on going engagement will go to site in 2024

- Seville Place Biodiversity Garden – Refurbish Railings, Remove Palisade fencing
- The installation of trees along Summer Street at feasibility stage, plan to be on site in 2024
- The de-paving of the large footpath along Nos. 2 to 5 Ballybough Road and the installation of green infrastructure and nature based solutions. Currently at feasibility stage and seeking interdepartmental approvals
- Replacing a number of dead trees in the area.

## **Street Tree Greening**

Public consultation complete and plan to issue construction Tenders in early 2024 after area committee meeting and on site early 2024, for the following streets

- Emmet Street
- Portland Street North
- Russell Street
- Summer Street
- Sherrard Street and Sherrard Ave

## **Liberty Park Refurbishment Works**

Working with the Friends of Liberty Park Group we plan to install additional facilities in early 2024, construction tender complete and ready to be issued and returned in early January:

- Bins
- Additional entrance gates
- Outdoor gym equipment
- Planting

## **Russell Avenue Park - Refurbishment Works**

Bernard Seymour Landscape Architects have been employed to undertake all stages 1 – 5 (Concept through to Construction and Handover) for the redevelopment of Russell Avenue Park. The primary objective is to develop a high quality refurbishment which gains widespread consensus in the local community. Using an innovative design and community engagement process and to bring that proposal through the required development stages and ultimately deliver an attractive successful public space for the local community.

A mini Greening Strategy study is going to be completed for the East Wall Area, as part of these works.

Initial public consultations are now complete. Feedback to date has allowed us to develop a brief focusing on community needs. The plan is to go back to the public which sketch proposals early January.

## **Green Walls**

Investigations are ongoing to establish Green walls and minor greening opportunities.

*Gareth Toolan*

*Dublin City Council Parks Department*





Comhairle Cathrach  
Bhaile Átha Cliath  
Dublin City Council



DUBLIN  
NORTH EAST  
INNER CITY

## NEIC Sport Recreation & Wellbeing Programme Report to Central Area Committee

### Showdown in Sheriff Street

The NEIC has team up with Over The Top Wrestling organisation to run a family friendly show right in the heart of Sheriff Street. The OTT wrestling gang will be bringing their all action show to the Laurence O'Toole Rec Centre in January which promises to be a special weekend. OTT have performed around the world and we are looking forward to seeing what they can bring to Sheriff Street. The show features local superstars in the ring as well which promises to get the crowd going



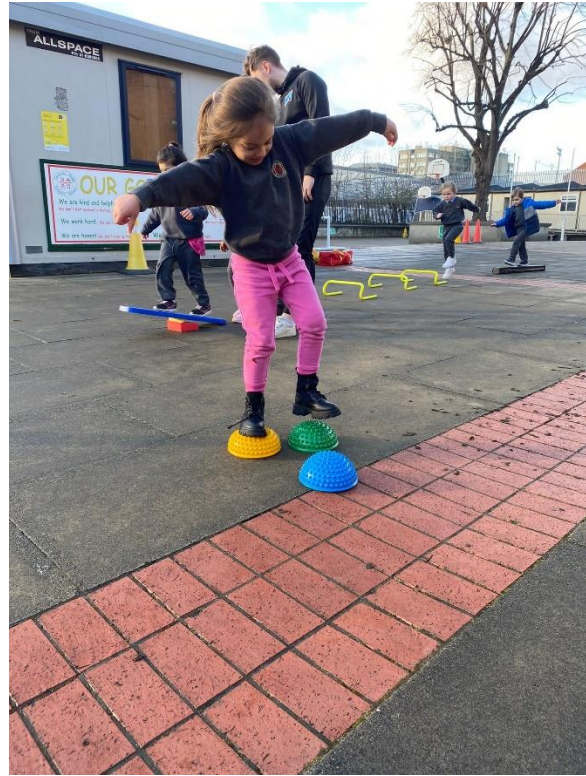
### **Learn Local – Cooking Classes**

NEIC has is working with chef and teacher Ellis Davenport of Learn Local Company to deliver 6 week cooking workshops into the schools in the NEIC. Cooking was identified as an area not catered for in the area on the City Connects Annual survey so we Learn Local was a perfect fit. Ellis helps the boys and girls learn how to cook, chop, prepare, and clean their own meals. On the last day the children made pizza and ice cream from scratch and fed their own parents!



### **Kick Start Movements**

The NEIC is working with Kick Start Movements again providing functional movement classes for children in primary school. KSM monitor, measure and report back on children basic fundamental movement skills which are so important for the physical and emotional development of a child. Kick Start Movements were working across 5 schools in the first school term this year and will look to work across a further 4 school in the second term of 2024.





### **Kellie Harrington Christmas Grotto**

For the second year running the NEIC partnered with Kellie Harrington to support her brilliant community initiative of making her own Christmas Grotto in Dublin 1. Santa was the special guest on the day which saw The Swan club transformed into a magical winter wonderland for the day. Children were queuing up all day to experience the magic and get a surprise from Santa



## Just 4 Men Programme

The NEIC/DCC have collaborated with Swim Ireland and Sports Wellbeing Partnership to encourage more men into physical activity. This is a free introduction for all levels includes lessons and lane swimming. There will also be information on upcoming men's physical activity programmes.



**SWIM IRELAND** | An island of swimmers

# JUST 4 MEN

*Free introduction for All levels includes lessons and laned swimming*

*Information on upcoming Men's Physical Activity programmes on the Day*

 SEAN MACDERMOTT STREET SWIMMING POOL

*Beginning 29th November @ 1pm - 2pm*

To get involved contact:  
peter.odonnell@dublincity.ie / derek.ahern@dublincity.ie  
christinerussell@swimireland.ie

 Comhairle Cathrach Bhaile Átha Cliath  
Dublin City Council

 Dublin City Sport & Wellbeing Partnership

 DUBLIN NORTH EAST INNER CITY

## **D1 Academy**

The D1 academy is a collaboration with The FAI, NEIC and DCC for kids in the NEIC, to play social football without the pressures of been in a team or not been able to play at a level or standard. Kids will develop in sports at defined stages though out there life's and may not be physical or mentally ready to play at the level of their particular sport at this present moment. The D1 Academy is to support the kid's development and build their confidence in playing sport, make friends and learn new skills. The Academy has been a great success with 60 kids registered and 40 kids, girls and boys attending on a weekly bases.





## Basketball / NEIC Trojans

The NEIC Trojans have four teams entered in the Dublin Leagues this year, following on from the success of two teams last year. All four teams have begun their journeys playing home and away games and lots of fun is being had most importantly. The academy is still going strong for those not quite ready to play on teams yet. We also have a strong schools programme which we are implementing throughout the schools in the NEIC. The club was kindly sponsored a new set of jerseys through company C22, from Mr. Windle who is a teacher in Larkin Community College. The Trojans had their Christmas party for the academy in December and the 4 teams will be going on a trip to Emerald Park as a celebration for all the hard work put in all year



## Mindfulness with Sal – Playful Steps

The NEIC are working with Sal Roche of Playful Steps who has created an arts and mindfulness programme for children. Sal has been working with children from multiple schools who are attending the Killarney Court Hall once a week to help develop their art skills and at the same time practice mindfulness



## Handball for Primary School

The NEIC has continued to re-establish the sport of Handball in the NEIC. This is now the second phase to take part in a six week programme to encourage, teach and develop the kids in the school to play Handball. The school is directly beside the National Handball Centre and the kids that go to the school live beside the National Handball Centre but most have never even been in the centre and some did not even know about it.



## Handball for Secondary School

The NEIC has continued to re-establish the sport of Handball in the NEIC. O'Connell secondary school is taking part in a six week programme to encourage, teach and develop the kids in the school to play Handball. The school is directly beside the National Handball Centre and the kids that go to the school live beside the National Handball Centre but most have never even been in the centre and some did not even know about it.

This is kids and young adults from the area from the ages of 12 to 18 years of age and at a very fundamental stage of their lives. We have experienced coaches and coaches from the area we made a big impact with them. The school has asked us to place Handball in all the PE class time table for entire school. We have collaborated with GAA Handball and we are going to facilitate Handball all the way up to Christmas for all the students.





## Cycle Right Programme

Cycle Right is the National Standard for Cycle Training and provides practical cycle safety and skills training to promote competent and confident cyclists. Cycle Right is an inclusive programme. The NEIC/DCC have collaborated with the Department of Transport, the Road Safety Authority and Cycling Ireland to facilitate the cycling right programme. NEIC/DCC have included the Cycle Safety training in St.Vincent's Girls National School, this is the second school and we will included all the primary schools in the NEIC to avail of the programme.



### **Men on the Move**

This is a group of men from 47 to 75 years of age, who meet up in Ozanam house three days a week. They would come from a generation of where the thinking of expressing your emotions was not a thing a man should do. We have been work with this group for some time now and they have come on in leaps and bounds. The group have been opening up on our activities such as our walk and talks and now with their new Handball wall they can have fun, chat and open up about their daily life.



## NEIC Walking Football

Every Friday from 12-1pm on the St Laurence O'Toole's Recreation Centre pitch, next to Sheriff YC, we have a game of walking football for over 50's. This program has grown from 6 participants to an average of 12 playing every week.

This has been hugely successful in many ways. We have locals as old as 77 years playing every week and have one participant who gets the train in from Skerries every week to play, he suffered a mild stroke last year and when we began his movement was slow and limited and his speech was very poor, after 3 months he is now moving freely around the pitch and his communication has come on leaps and bounds, proof of the value and health benefits of this program.



## Woman on the Move

This programme was designed to interact with a group of women from the saol (SAOL is an integrated programme of education, rehabilitation, advocacy and childcare). The SAOL Project's on-going commitment to the women, children and community members of the North Inner City continues to develop, responding to the changing needs of the women who participate in their project. The woman on the move is helping woman in this particular Group to be more active. Some of the woman in this group would not leave there home or interact with other people apart from the time that they are in the Saol programme.

The programme has developed into a weekly fitness activity, with a local athlete coming in to teach an array of fitness activity. The athlete that comes in is Ruth Barry who is a runner that competes though out Europe as well as Ireland.



## ACRG Cycling Club

The newly formed Inner City Cycling club has progressed to setting up their very own cycling route and have taken ownership of their weekly cycles. They have progressed with their cycling skills in such a manner that they can cycle in a group in such a way, that everyone is kept safe and they could and can cycle anywhere in the country. The NEIC/DCC was happy to support the new inner city cycling club with their new cycling kit and this has taken it to another level as they now feel like an official cycling club.



### Active Ageing with Eddie

From the amazing energy that has been created from the circuit classes, the amazing DCC staff in St Laurence O Toole Recreation Centre has started an Active Ageing fitness class with Eddie. This was something that we could see was needed in the area and through discussing this with the staff they were only happy to help. The staff are very much about helping out in any way with the community and do be very busy true out the day with the young and elderly in the centre. So to make time in there busy schedule is very much appreciated and we are going to support with some equipment when needed. Eddie has progressed the class is such a way that has become so popular they are now adding another class to their weekly schedule.



## Run with Ruth Barry

The NEIC have establish a weekly run in the NEIC for all to take part, from the very beginning of your running journey to people running marathons. We were delighted to welcome a local athlete Ruth Barry on board to coach and encourage people in their running journey.

# ***RUN WITH RUTH***

Join Ruth & local runners in a friendly,  
challenging lunchtime run

All Levels Welcome

**Wednesdays 12.30p.m.**  
Meeting Point: Dublin City Council Central Area Office, 51 - 53 Sean McDermott St.



 Comhairle Cathrach  
Bhaile Átha Cliath  
Dublin City Council

 NORTH EAST  
INNER CITY

 **H.O.P.E.**  
Hands On Peer  
Education

## Boules at James Joyce Park

The newly developed park (James Joyce Park) has been an excellent addition to the area. It is very inviting and a real feeling of been in a safe environment. It has included a Boules

court in the heart of the park, and we have taken full advantage of it. We have brought local groups that we are working with to become more active, from all ages. From this we ran a weekly programme for the elderly and invited the Lourdes Day Care centre to take part. They have really taken to it, with some singing and dancing as they are playing having a great time with the inclusion of the staff, and are now playing boules on a weekly basis.



Contact: Michael Darragh Mc Auley Tel: 0871822010 Email: [md.macauley@dublincity.ie](mailto:md.macauley@dublincity.ie)  
Contact Peter O Donnell Tel: 0870654031 Email : [peter.odonnell@dublincity.ie](mailto:peter.odonnell@dublincity.ie)

Leona Fynes – Administrative Officer  
[Leona.fynes@dublincity.ie](mailto:Leona.fynes@dublincity.ie)  
0872760045  
NEIC Programme Office

